

Employee Corporate Health & Wellness Program

You will receive:

- Free one week guest pass
- Joining fee \$50 off (adult and family memberships) at the YMCA
- Three free personal training sessions
- Free Body Age Assessment
- Free Why Wait? Get Fit! Orientation
- \$25 in corporate rewards

	Memberships	Joining Fee	Monthly Rate
Family	One or two adults and their dependents living in the same household	\$150 \$100	\$93
Adult	An individual, age 18 and above	\$135 \$85	\$62

Financial Assistance is available to those who qualify.

Payment Methods

Electronic Funds Transfer (EFT)

An easy way to pay as you go! Your checking, savings, or credit card account is debited once a month.

Annual Payment

Dues may be paid in full upon joining and yearly thereafter. Payment is accepted via cash, check, or credit card.

Personal Training Hotline
855-9589

